	erford StartTime	-		Last Name	Gend	Age C	at	TeamName	Race Swin	n T1	Bike	T2	Run	Total
1	09:44:30		Jacqui	Phillips	Female	54	J	Team t club	Alderford Sprin 00:12				00:21:21	01:13:22
2	09:34:10		Melissa	Morgan	Female	21	C	Warrington	Alderford Sprin 00:11				00:21:02	01:15:20
3		638	Kirsty	Gibbs	Female	32	F	Neston	Alderford Sprin 00:14		:44 00:43:30		00:20:14	01:21:48
4		634	Jennie	Lockwood	Female	26	Ē	Derby	Alderford Sprin 00:13		:40 00:45:34		00:21:50	01:24:56
5		635	Katie	Coulson	Female	27	Ē	Redcar	Alderford Sprin 00:16		:12 00:43:15		00:21:49	01:26:07
6	09:36:10		Nicky	van Woerkom	Female	36	G	Neston	Alderford Sprin 00:17		:15 00:42:20		00:22:37	01:26:28
7		698	Klare	Osborne	Female	34	F	1 (cston	Alderford Sprin 00:18		:26 00:43:12		00:20:55	01:27:25
8		643	Rhiannon	Sears	Female	36	G	Stockport	Alderford Sprin 00:19		:30 00:41:27		00:21:48	01:27:28
9		645	Victoria	Webb	Female	37	G				:06 00:42:05		00:24:53	01:27:32
10		673	Jane	Ashby	Female	50	J	Nettlebed	Alderford Sprin 00:16		:52 00:42:46		00:24:24	01:30:09
11		666	Karen	Smith	Female	43	Н	Chester	Alderford Sprin 00:19		:46 00:40:23		00:24:54	01:30:15
12		697	Cora	O'Mahony	Female	67	Μ	TRiKS	Alderford Sprin 00:14				00:29:20	01:30:40
13	09:45:40		Charlotte	Hubble	Female	25	Е	Team New2tri	Alderford Sprin 00:12				00:29:19	01:30:43
14		677	Judy	Parkes	Female	54	J	Tamworth	Alderford Sprin 00:17				00:26:34	01:31:34
15		661	Rachel	Heath	Female	42	Н	Stafford	Alderford Sprin 00:13				00:29:25	01:32:06
16		668	Rachel	Milligan	Female	47	Ι	Chester	Alderford Sprin 00:16		:36 00:46:11		00:24:50	01:32:36
17		682	Karen	Mawditt	Female	52	J	Market Drayton	Alderford Sprin 00:21				00:23:25	01:32:37
18		671	Lucy	Pearson	Female	49	Ι	Whitchurch	Alderford Sprin 00:15				00:26:37	01:32:38
19		642	Lindsay	Meanley	Female	35	G	Albrighton	Alderford Sprin 00:19				00:25:08	01:32:52
20		669	Marcia	Archer	Female	47	Ι	Llandudno Junction	Alderford Sprin 00:15			00:01:13	00:27:49	01:33:11
21		655	Rhiannon	Ward	Female	40	Н	Mold	Alderford Sprin 00:12			00:02:24	00:21:53	01:33:21
22		630	Lucia	Zilles	Female	16	Α	Birmingham	Alderford Sprin 00:12	2:23 00:03			00:27:19	01:34:04
23		636	Emma	Spandrzyk	Female	30	F	LBRT	Alderford Sprin 00:17				00:31:26	01:34:40
24	09:45:20	699	Lydia	Walker	Female	34	F	Leeds	Alderford Sprin 00:18	8:03 00:03	:16 00:45:38	00:00:48	00:28:19	01:36:04
25	09:38:30	658	Suzanne	Weinberger	Female	41	Н	Neston	Alderford Sprin 00:20	):21 00:04	:17 00:45:52	00:01:20	00:25:13	01:37:03
26	09:39:30	664	Caroline	Dunn	Female	42	Н	Whitchurch	Alderford Sprin 00:18	8:38 00:03	:10 00:48:58	00:01:50	00:24:27	01:37:03
27	09:36:30	646	Margaret	McLoughlin	Female	37	G	Stratford upon Avon	Alderford Sprin 00:15	5:29 00:03	:21 00:50:08	00:01:03	00:27:37	01:37:38
28	09:43:00	685	Caroline	Prentice	Female	53	J	Ludlow	Alderford Sprin 00:19	9:34 00:04	:17 00:45:50	00:01:24	00:26:36	01:37:41
29	09:38:20	657	Zane	Kostusevica	Female	40	Н	Birmingham	Alderford Sprin 00:18	8:11 00:03	:53 00:47:02	00:01:32	00:27:03	01:37:41
30	09:34:00	631	Amelie	Robertfs	Female	19	В	GOG Triathlon	Alderford Sprin 00:15	5:52 00:03	:21 00:50:05	00:01:23	00:27:07	01:37:48
31	09:44:50	696	Lucy	Roberts	Female	28	Е	Wrexham Tri	Alderford Sprin 00:16	6:54 00:03	:07 00:46:58	00:01:40	00:29:57	01:38:36
32	09:21:40	557	Joanne	Congerton	Female	57	K	Halesowen Triathlon	Alderford Sprin 00:21	1:48 00:05	:51 00:43:10	00:01:47	00:28:00	01:40:36
33	09:38:10	656	Beth	Wilson	Female	40	Н	Whitchurch	Alderford Sprin 00:20	):41 00:03	:24 00:42:57	00:01:43	00:32:40	01:41:25
34	09:37:20	651	Joey	Schirmer	Female	38	G	Hassall	Alderford Sprin 00:13	8:12 00:04	:05 00:50:29	00:01:26	00:32:57	01:42:09
35	09:41:10	674	Kerry	Hughes	Female	50	J	Montgomery	Alderford Sprin 00:20	):47 00:03	:57 00:44:03	00:02:06	00:31:37	01:42:30
36	09:45:30	700	Linda	Walker	Female	62	L	Leeds	Alderford Sprin 00:18	8:17 00:04	:45 00:48:50	00:01:47	00:29:10	01:42:49
37	09:33:40	629	Elise	Veitch	Female	19	B		Alderford Sprin 00:22	2:19 00:04	:19 00:48:28	00:00:52	00:28:00	01:43:58
38	09:39:10	662	Zoe	Langley	Female	42	Н	Utkinton	Alderford Sprin 00:20	):38 00:05	:53 00:47:05	00:01:21	00:30:15	01:45:12
39	09:35:20	639	Ceri	Bairstow	Female	32	F	Cadence Tri	Alderford Sprin 00:18	8:46 00:03	:56 00:51:51	00:01:35	00:29:37	01:45:45
40	09:36:40	647	Louise	Gardiner	Female	37	G	Market Drayton	Alderford Sprin 00:16	5:33 00:04	:42 00:52:56	00:00:53	00:30:53	01:45:57
41	09:44:10	692	Gillian	Lawrence	Female	60	L	<b>Oswestry Olympians</b>	Alderford Sprin 00:18	8:00 00:05	:51 00:48:31	00:01:45	00:33:48	01:47:55
42	09:44:00	691	Alexandra	Edwards	Female	59	K	Wrecsam Tri	Alderford Sprin 00:22	2:57 00:04	:31 00:50:06	00:01:47	00:31:09	01:50:30

Pos	StartTime	Race#	Name	Last Name	Gend	Age C	at	TeamName	Race Sv	wim	T1	Bike	T2	Run	Total
43	09:40:30	670	Katy	Gawne	Female	43	Н		Alderford Sprin 00	):19:59	00:05:04	00:51:09	00:01:51	00:33:26	01:51:29
44	09:41:30	676	Lisa	Hunnego	Female	50	J	Bristol	Alderford Sprin 00	0:18:12	00:05:06	00:53:36	00:02:05	00:32:48	01:51:47
45	09:43:50	690	Valerie	Martell	Female	58	K	Tarporley	Alderford Sprin 00	):19:39	00:05:36	00:49:48	00:02:17	00:34:42	01:52:02
46	09:37:40	653	Joanna	Alderman	Female	39	G	Stratford upon Avon	Alderford Sprin 00	0:21:05	00:06:17	00:56:52	00:01:28	00:27:28	01:53:10
47	09:44:40	695	Maggi	Savin-Baden	Female	61	L	Titan Tri Club	Alderford Sprin 00	0:21:40	00:05:23	00:53:52	00:02:07	00:30:34	01:53:36
48	09:44:20	693	Christina	Doxey	Female	65	Μ	Shrewsbury	Alderford Sprin 00	0:22:22	00:05:34	00:48:27	00:02:55	00:34:27	01:53:45
49	09:40:50	672	Rebecca	Murray	Female	45	Ι	TRiKS	Alderford Sprin 00	0:24:09	00:04:59	00:49:06	00:01:44	00:35:01	01:54:59
50	09:39:40	665	Kate	Newman	Female	43	Н	Malpas	Alderford Sprin 00	0:19:40	00:06:16	00:52:13	00:03:28	00:34:58	01:56:35
51	09:42:50	684	Lisa	Jones	Female	53	J	SYTRI	Alderford Sprin 00	):19:06	00:05:05	01:00:34	00:01:40	00:32:51	01:59:16
52	09:34:20	633	Georgia	Court	Female	23	С	Solihull	Alderford Sprin 00	0:23:44	00:04:43	00:55:21	00:02:17	00:36:40	02:02:45
53	09:35:40	641	Aimee	Titchen	Female	33	F	WHITCHURCH	Alderford Sprin 00	0:21:23	00:07:02	00:55:57	00:03:12	00:36:06	02:03:40
54	09:37:30	652	Anna	Kuzia	Female	39	G	Poulton-le-Fylde	Alderford Sprin 00	0:26:02	00:06:29	00:55:14	00:02:37	00:34:15	02:04:37
55	09:42:20	681	Paula	Smith	Female	51	J	Wirral	Alderford Sprin 00	0:25:02	00:04:36	01:01:34	00:01:56	00:31:59	02:05:07
56	09:43:30	688	Susan	McGann	Female	54	J	COLT	Alderford Sprin 00	0:24:40	00:06:17	00:50:32	00:02:23	00:43:30	02:07:22
57	09:42:00	679	Jacqueline	Lincoln	Female	51	J	Coedpoeth wrexham	Alderford Sprin 00	0:32:28	00:04:55	00:55:28	00:01:39	00:34:20	02:08:50
58	09:43:20	687	Nikki	Ryder	Female	54	J	Tarporley	Alderford Sprin 00	0:20:19	00:07:04	00:59:10	00:02:23	00:40:03	02:08:59
59	09:41:20	675	Sue	Satchithananda	Female	50	J	Her Spirit	Alderford Sprin 00	0:31:29	00:06:31	00:51:06	00:01:38	00:43:00	02:13:44
60	09:47:10	1017	Lauren	Thorne	Female	43	Н	Shrewsbury	Alderford Sprin 00	0:21:53	00:06:34	01:12:00	00:03:10	00:32:14	02:15:51
61	09:37:00	649	Laura	Yates	Female	38	G	Birmingham	Alderford Sprin 00	):38:50	00:08:00	01:26:31	00:02:34	00:45:22	03:01:17