

# Super Sprint - Open Category

Pos	StartTime	Race#	Name	Last Name	Gender	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
1	12:31:00	787	Seb	Newton	Open Cat	31	F	Manchester Triathlon	Super Sprint -	00:03:42	00:01:39	00:40:32	00:01:07	00:12:10	00:59:10
2	12:32:30	793	Simon	Lewis	Open Cat	43	H		Super Sprint -	00:03:30	00:02:08	00:46:48	00:00:39	00:11:26	01:04:31
3	12:32:15	792	David	Holden	Open Cat	26	E	HOLDEN	Super Sprint -	00:05:05	00:00:00	00:46:30	00:00:50	00:14:41	01:07:06
4	12:32:00	791	Louis	Johnston	Open Cat	20	C		Super Sprint -	00:03:31	00:03:40	00:47:34	00:01:10	00:13:14	01:09:09
5	12:31:15	788	Ben	Chesters	Open Cat	21	C		Super Sprint -	00:03:57	00:01:54	00:47:47	00:00:50	00:15:29	01:09:57
6	12:29:30	779	Jack	Powell	Open Cat	23	C		Super Sprint -	00:05:30	00:03:12	00:48:07	00:01:02	00:12:51	01:10:42
7	12:29:45	780	Clive	Banner	Open Cat	43	H		Super Sprint -	00:05:27	00:03:45	00:48:05	00:00:55	00:14:24	01:12:36
8	12:30:00	781	Tony	Hughes	Open Cat	61	L	A Tribe called Quest	Super Sprint -	00:05:58	00:02:27	00:49:13	00:01:17	00:16:48	01:15:43
9	12:31:45	790	John	Lightfoot	Open Cat	48	I		Super Sprint -	00:03:30	00:01:39	00:53:02	00:01:01	00:17:23	01:16:35
10	12:29:00	775	Ian	Pakula	Open Cat	66	M	Wibbily Wobbily Wa	Super Sprint -	00:06:26	00:02:57	00:49:21	00:01:27	00:17:42	01:17:53
11	12:28:30	778	Richard	Bruce	Open Cat	73	N		Super Sprint -	00:09:43	00:03:03	00:47:52	00:01:59	00:16:30	01:19:07
12	12:31:30	789	Niki	Lamens	Open Cat	38	G	Double Jack & Coke	Super Sprint -	00:05:57	00:02:40	00:49:23	00:02:13	00:20:14	01:20:27
13	12:28:15	770	Stephen	Mills	Open Cat	56	K		Super Sprint -	00:07:14	00:04:24	00:48:33	00:01:51	00:18:45	01:20:47
14	12:28:00	769	Beverley	Wainwright	Open Cat	55	K		Super Sprint -	00:07:21	00:04:30	00:48:37	00:01:48	00:18:43	01:20:59
15	12:30:15	782	Andrew	Jackson	Open Cat	51	J	Thinking of you mark	Super Sprint -	00:04:43	00:02:12	00:53:15	00:02:19	00:23:43	01:26:12
16	12:27:45	766	Steve	Crump	Open Cat	50	J		Super Sprint -	00:05:36	00:02:56	00:57:32	00:01:00	00:22:04	01:29:08