

Sprint

Pos	StartTime	Race#	Name	Last Name	Gender	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total	
1	10:04:30	190	Elsbeth	Adamson-Woods	Female	C	31	F	Solihull Tri Club	Sprint	00:07:35	00:01:35	00:51:59	02:10:29	02:34:08	01:24:48
2	10:03:30	188	Jill	Pittard	Female	C	46	I		Sprint	00:08:32	00:01:36	00:54:08	00:01:00	00:24:00	01:29:16
3	10:05:30	192	Emma	Rickard	Female	C	30	F		Sprint	00:07:14	00:02:18	00:56:55	00:01:16	00:23:30	01:31:13
4	09:58:30	178	Lisa	Abbott	Female	C	40	H		Sprint	00:09:55	00:01:30	00:53:59	00:00:43	00:27:31	01:33:38
5	09:59:00	179	Emma	Siveyer	Female	C	40	H		Sprint	00:10:18	00:01:43	00:54:27	00:00:59	00:27:08	01:34:35
6	10:08:00	197	Ruth	Rogers	Female	C	39	G	Reading Roadrunners	Sprint	00:07:11	00:02:15	00:58:30	00:01:20	00:25:36	01:34:52
7	09:55:00	171	Jane	Dench	Female	C	33	F		Sprint	00:09:40	00:02:28	00:56:57	00:01:12	00:26:28	01:36:45
8	09:43:30	148	Molly	Hrudka	Female	C	33	F		Sprint	00:09:25	00:02:24	00:57:52	00:01:45	00:25:28	01:36:54
9	08:37:30	16	Lisa	Steele	Female	C	42	H		Sprint	00:07:37	00:01:43	01:03:01	00:01:08	00:24:06	01:37:35
10	09:50:00	161	Amanda	Chen	Female	C	31	F		Sprint	00:10:13	00:04:20	00:56:40	00:01:24	00:25:11	01:37:48
11	09:55:00	157	Shona	Glover	Female	C	27	E	Shona Glover	Sprint	00:08:43	00:02:28	00:57:46	00:00:57	00:28:39	01:38:33
12	09:52:00	165	Philippa	Jones	Female	C	54	J		Sprint	00:11:07	00:01:33	00:57:36	00:00:53	00:29:07	01:40:16
13	09:53:00	167	Sophie	Holmes	Female	C	28	E		Sprint	00:10:11	00:02:12	01:00:19	00:01:21	00:26:38	01:40:41
14	09:48:30	158	Charlotte	Jewson	Female	C	28	E		Sprint	00:14:03	00:02:18	00:56:32	00:01:27	00:26:42	01:41:02
15	09:54:30	170	Catherine	Bradley	Female	C	51	J		Sprint	00:12:38	00:01:55	00:57:57	00:00:46	00:29:09	01:42:25
16	10:04:00	189	Rebecca	Wallis	Female	C	29	E		Sprint	00:08:59	00:01:36	01:04:08	00:00:46	00:27:18	01:42:47
17	09:52:30	166	Gemma	Wheeler	Female	C	42	H	N/A	Sprint	00:09:53	00:02:27	01:00:35	00:00:55	00:29:09	01:42:59
18	09:47:30	156	Harriet	Simm	Female	C	26	E		Sprint	00:10:03	00:01:51	01:03:45	00:01:34	00:26:40	01:43:53
19	10:01:00	183	Nicole	Farmer	Female	C	56	K		Sprint	00:08:49	00:02:38	01:00:41	00:01:10	00:30:38	01:43:56
20	10:07:30	196	Melissa	Read	Female	C	47	I		Sprint	00:07:30	00:03:00	01:02:20	00:01:26	00:30:01	01:44:17
21	09:49:30	160	Lydia	Rodford	Female	C	24	C		Sprint	00:07:31	00:01:50	01:05:08	00:00:37	00:29:48	01:44:54
22	10:00:00	181	Peta	Duncan	Female	C	46	I		Sprint	00:08:41	00:02:55	01:06:07	02:02:16	02:29:57	01:45:24
23	09:51:00	163	Heidi	Strapp	Female	C	50	J		Sprint	00:11:47	00:03:06	00:59:18	00:01:45	00:30:09	01:46:05
24	09:56:30	174	Janet	Letts	Female	C	60	L		Sprint	00:09:03	00:03:11	01:07:30	00:00:55	00:26:00	01:46:39
25	09:45:30	152	Sarah	Alexander	Female	C	61	L	Fitstuff	Sprint	00:10:34	00:03:07	01:07:35	00:01:00	00:26:14	01:48:30
26	09:57:00	175	Rebecca	Palmer	Female	C	45	I		Sprint	00:09:24	00:01:31	01:06:57	00:00:37	00:30:18	01:48:47
27	09:49:00	159	Kimberley	Bradbury	Female	C	37	G		Sprint	00:08:14	00:02:38	01:05:11	00:00:46	00:31:58	01:48:47
28	10:06:00	193	Bethany	Hilton	Female	C	27	E		Sprint	00:08:37	00:03:15	01:07:12	00:00:42	00:29:42	01:49:28
29	10:00:30	182	Nicola	Eastwood-Freem	Female	C	35	G		Sprint	00:07:44	00:01:49	01:10:09	00:00:39	00:29:55	01:50:16
30	09:57:30	176	Gill	Baxter	Female	C	52	J		Sprint	00:09:03	00:01:43	01:05:32	00:01:15	00:32:55	01:50:28
31	09:46:00	153	Marijke	Warren	Female	C	29	E		Sprint	00:10:25	00:03:30	01:05:52	00:01:03	00:29:57	01:50:47
32	09:43:00	147	Alice	Hillier-Tattersall	Female	C	30	F		Sprint	00:11:19	00:03:29	01:07:27	00:00:47	00:28:39	01:51:41
33	09:58:00	177	Helen	Spurgeon	Female	C	47	I		Sprint	00:09:14	00:02:33	01:06:33	00:00:58	00:33:42	01:53:00
34	09:51:30	164	Christine	Marshall	Female	C	58	K	Headington RR	Sprint	00:11:09	00:03:03	01:07:33	00:01:00	00:30:29	01:53:14
35	09:47:00	155	Lorna	Ashton	Female	C	41	H		Sprint	00:10:59	00:02:26	01:02:04	00:02:15	00:36:22	01:54:06
36	09:59:30	180	sarah	beattie	Female	C	34	F		Sprint	00:08:10	00:03:38	01:07:09	00:03:44	00:33:59	01:56:40
37	09:53:30	168	Dasha	Radovanovic	Female	C	36	G		Sprint	00:10:51	00:04:44	01:07:15	00:01:02	00:34:12	01:58:04
38	09:35:30	132	Laura	Daly	Female	C	26	E	Redway Runners	Sprint	00:14:56	00:04:21	01:09:03	00:01:40	00:28:35	01:58:35
39	10:01:30	184	Freya	Melbourne	Female	C	17	B		Sprint	00:08:10	00:02:15	01:13:40	00:01:54	00:34:27	02:00:26
40	10:02:00	185	Nathalie	Richford	Female	C	42	H		Sprint	00:09:54	00:02:22	01:11:25	00:00:43	00:36:34	02:00:58
41	09:42:30	146	Adriane	Bianchin	Female	C	30	F		Sprint	00:10:54	00:03:22	01:18:56	00:01:41	00:26:07	02:01:00
42	09:41:30	144	Rebecca	Muttram	Female	C	33	F		Sprint	00:09:42	00:03:42	01:08:54	00:01:56	00:37:27	02:01:41

Pos	StartTime	Race#	Name	Last Name	Gender	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
43	09:54:00	169	Natasha	Matthews	Female	C 30	F		Sprint	00:09:36	00:04:47	01:17:10	02:15:33	02:47:53	02:03:53
44	09:45:00	151	Myra	Evans	Female	C 52	J		Sprint	00:11:05	00:03:13	01:21:10	00:01:20	00:29:21	02:06:09
45	09:50:30	162	Karina	Phillips	Female	C 37	G		Sprint	00:12:47	00:04:34	01:11:30	00:01:33	00:36:37	02:07:01
46	09:46:30	154	Jane	Quinn	Female	C 70	N	Aldridge Running Cl	Sprint	00:10:34	00:03:31	01:28:45	00:01:33	00:34:05	02:18:28
47	09:37:00	135	Fabienne	Chen	Female	C 64	L		Sprint	00:12:54	00:08:54	01:47:19	00:03:30	00:41:06	02:53:43